Who Burn Their Fingers and Have Fun.

Prospective Quaker City Matrons Take Their First Lesson in Scientific Cookery

A Combination of Pretty Cooks and Elegant Kitchen Very Pleasant to Read About,

A group of bright-eyed, pink-cheeked girls came tripping down the steps of the Edward Shippen school yesterday a few minutes before noon, says the Philadelphia Record. They were of assorted sizes and styles of beauty, but their ages all clustered closely about sweet 16. There was one little flaxen-haired lass whose lisp and mien betokened that she had but recently entered her teens, and close behind her a tall dignified maid of dusky hue, who looked as if she would be 18 some of these days. These were the extremes. Fifteen years may have made a fair average.

The absence of the usual bulky bag of books, and the character of the girlish chatter, which was all shout butter and buns and blisters, instead of prepositions and blisters, instead of prepositions and should be s logarithms, evinced that this was no ordior thins, evinced that this was no ordinary bevy of school girls. There were twenty of them all told, and they had been to cooking school. The prima donna of the party hopped over the curbstone and warbled forth a snatch of an operatic air.

We can roast, boil and bake, And construct wedding-cake, In Miss Abbie Stone's school Of gastronomy.

And then they all giggled and passed

And then they all giggled and passed around the chewing gum.

Miss Stone comes from Boston. She was for some time located at the Rutland street school, where she instructed the spectacled maidens of the Hub as to the proper methods of baking beans and steaming brown bread. She has been brought to this city under the auspices of the Public Education Society, with the understanding that for five days of each week she shall inculcate to a group of prospective Philadelphia matrons the most approved gastronomic principles. The cooking lessons will be held in the third story of the Edward Shippen school, where eleven classes, each comprising about twenty girls, will be instructed in rotation. Thus each class will have one lesson of between two and three hours duration each week. The whole course will em-

lesson of between two and three hours duration each week. The whole course will embrace twenty-four lessons. Miss Stone instructed her first class on Wednesday.

The quantity of edibles turned out by these two-score fairy fingers during the process of the first lesson would scarcely suffice to satisfy the cravings of a lusty appetite, but then Rome was notbuilt in a day:neither can an elaborate menu be concocted in an hour. A crockful of croutons or sippets and a faultlessly baked potato were the only tangible results of yesterday morning spractice. Several little maids, however, treasured up a precious little cut or a

practice. Several little maids, however, treasured up a precious little cut or a glistening burn as evidence of hard work, and all had their craniums just chock full of knowledge as to the best ways and means to run a kitchen.

"Housekeeper No. 7 I appoint you to take care of the stove for this morning. No. 11 you must look after the sink, and you, No. 4, will be in general charge of the room." These were Miss Stone's words as she called the class to order. She wore a tiny cap of soft white lace and a wide-spreading apron, and moved and talked with a grace and ease that would invest the meanest kitchen with the dignity of a drawing room. The somethe dignity of a drawing room. The some-want unpoetical task of fire-building was the first duty of the morning, and into this work their teacher entered with such zest and understanding that the "little maids in school" who looked on and learned thought it great fun, and just as easy as flirting.

After a few moments instruction they knew all about removing the ashes, arranging the kindling, applying the match and starting a blaze, all without a drop of kerosene or be-

The big, brightly polished range stood in one corner of the room; the spick-and-span sink, surmounted by a row of dippers and dishpans, stood opposite, and a far end, apportioned off to serve as the laundry, was set forth with boiler, clothes-horse and the other necessary accounterments. Along the center of the room were ranged the five tables, which represented the scenes of maneuvers of the twenty cooks. These were bedecked with spoons, knives, forks, plates, chopping-boards and scrubbing brushes, and every article a paragon of perfection. Each pupil was furnished with a seat at a table, and after work was over each was required to polish her respective corner with soap-The big, brightly polished range stood in

and after work was over each was required to polish her respective corner with soap unds and scrubbing-brush until it dazzled.

Against the east wall stood a big cupboard, shiny and crotchety in its newness, provided with innumerable nooks and crannies, each devoted to its particular utensil. "A place for everything, and everything in its place," suggested Miss Stone as she pointed out to her group of open-mouthed learners the why of the Dover egg-beater and the wherefore of the glass lemon squeezer. "The rolling-pins must be piled right here, the cullender hung just there and the dish-towels placed far back in the right-hand corner of the third drawer from the top, on the left-hand side, between the tea-cloths and the dusters," she went on. "We put the matches in this covered crock so the rats won't nibble them and set the house on fire. The bread we must stow away in a tin box for fear it should grow stale. We must always keep the butter well covered, as it absorbs strange tastes so easily," and so on through the whole category of kitchen ethics.

Then the little made were set to work

well covered, as it absorbs strange tastes so easily," and so on through the whole category of kitchen ethics.

Then the little maids were set to work cleaning potatoes. Of course they poised their knives aloft for the purpose, and of course Miss Stone gently but firmly bade them to drop them instantly. The best authorities on cuisine never pare potatoes nowadays. They scrub them. Each girl was supplied with a small brush, which she applied to the earth apple's caticle with such vigor that it was soon as white as her her own fair fingers.

Then housekeeper No. 3 was bidden to place the potatoes in the stove for baking. "Ouch," she cried as she lifted the oven door and ran back in dismay. Housekeeper No. 7 was delegated to try, "Oo, ow, ow," was the result of her first trial, as she hugged a tender little engagement finger and fled in consternation. The other girls only laughed, and Miss Stone flew to the rescue. Beneath her "open sesame" the door started open like a dream. "You'll learn after awhile," she remarked smilingly. And the burned maidens sighed and said they hoped so, and once more the chorus giggled.

Herculean Strength

Continually on the strain, or overtaxed at continually on the strain, or overtaxed at intervals, is far less desirable than ordinary vigor perpetuated by rational diet and exercise, and abstention from excess. Professional pugilists and athletes rarely attain old age. As ordinary vigor may be retained by a wise regard for sanitary living, and for the protection against disease which timely and judicious medication affords, so also it may be lost through prolonged sedentary labor, uninterrupted mental strain, and foolish eating and drinking, the chief and most immediate sequence of all four being dyspepsia. For this condition thus, or in any way induced, and for its offspring, a

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THE MARKETS.

New York, Nov. 15.—Bar silver 94%. Copper-Dull and strong; lake November.

\$12.75. Lend-Quiet; \$3.8214.

The stocks were active and in the main stronger and prices are generally higher than yesterday, while a few shares show very marked advances. Tennessee Coal is up 4½, St. Paul 1½ and Manitoba 1 per cent, while Cotton Oil de clined 2%. Governments dull and steady.

clined 2%. Governments dull and steady.

Petroleum opened steady at 1.09% and advanced to 1.10% in the first hour. Realizing sales then caused a decline to 1.09%, after which the market rallied and closed strong at 1.10%.

Government bonds, 4s, 127; 44%, 104%; Northern Pacific, 32%; preferred, 75%; Oregon Improvement, 45; Oregon Navigation, 199%; Transcontinental, 35%; Union Pacific, 68%.

Money on call casy at 56%; last loan at 6. Prime mercantile paper, 55% 75%; Sterling exchange, quiet and firm; sixty-day bills, \$4.81; demand, \$4.85%.

CHICAGO CATTLE.

CHICAGO CATTLE.

CHICAGO, Nov. 15.—Cattle—Receipts, 9,000, deady to strong; choice to extra beeves, \$3.75% 4,90 teers, \$2.9064.50; stockers and feeders, \$1.75% 5.75; Texas cattle, \$1.769;2.80; western rangers.

CHICAGO PRODUCE. CHICAGO, Nov 15, 1:15 p. m.—Close—Wheat—Higher; Nov., 81%; Dec., 82%; May, 85%; Corn—Firmer; Nov., 33%; Dec., 33%; May, 33%; Oats—Higher; Nov., 29; May, 22%; Pork—Steady; Nov., 59.67%; Jan., \$9.31%; Lard—Steady; Nov., \$5.67%; Jan., \$5.85%5,85%;

WOOL. Boston, Nov. 15.—Wool is steady and not especially active. Territory wools have been more active, choice medium Montana selling at 246:25c., with other sales in the range of 146:25c, for fine and medium. On a scoured basis 589:66c. is quoted for fine 556:57c. for fine medium and 569:53c. for medium. Texas wool has been quiet, selling at 206:24c.

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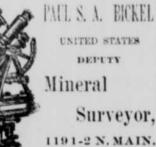
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